

Curriculum 2024-2025 WEEK 1		Staff	Changing Room	Lesson	Term 1	Term 2 (Including XC during exam weeks)	Term 3	Term 4	Term 5	Term 6 (Including Sports days)	
<b>Monday Lesson 1</b>											
Y7 A Half	7aPE 2	Girls	MST	H11	1	Football (Astro)	Basketball or Netball (HC)	Rugby (Field)	Handball (SH)	Athletics	Striking and Fielding
	7aPE 6	Boys	ESE	H3	1	Dodgeball (Gym)	Football (Astro)	Basketball or Netball (HC)	Rugby (Field)	Athletics	Striking and Fielding
	7aPE 9	Boys	SWK	H12	1	Handball (SH)	Dodgeball (Gym)	Football (Astro)	Basketball or Netball (HC)	Athletics	Striking and Fielding
	7aPE 10	Girls	WBA	H2	1	Rugby (Field)	Handball (SH)	Dodgeball (Gym)	Football (Astro)	Athletics	Striking and Fielding
	7aPE 11	Mixed	LCH	H2/H3	1	Basketball or Netball (HC)	Football (Astro)	Handball (SH)	Dodgeball (gym)	Athletics	Striking and Fielding
<b>Monday Lesson 2</b>											
Y9 A Half	9aPE 3	Boys	MJA	H3	1	Football (Astro)	Basketball or Netball (HC)	Rugby (Field)	Handball (SH)	Athletics	Striking and Fielding
	9aPE 4	Girls	LCH	H2	1	Handball (SH)	Football (Astro)	Basketball or Netball (HC)	Rugby (Field)	Athletics	Striking and Fielding
	9aPE 5	Mixed	SWK	H2/3	1	Frisby (Field)	Handball (SH)	Football (Astro)	Basketball or Netball (HC)	Athletics	Striking and Fielding
	7aPE 1	Mixed	TMS	H11/H12	1	Basketball or Netball (HC)	Rugby (Field)	Handball (SH)	Football (Astro)	Athletics	Striking and Fielding
<b>Monday Lesson 3</b>											
Y9 A Half	9aPE 3	Boys	MJA	H3	2	Badminton (SH)	Fitness (Astro)	Table Tennis (FS)	Orienteering	Athletics	Striking and Fielding
	9aPE 4	Girls	KYO	H2	2	Gymnastics (Gym)	Badminton (SH)	Fitness (Astro)	Table Tennis (FS)	Athletics	Striking and Fielding
	9aPE 5	Mixed	TMS	H2/H3	2	Orienteering	Dodgeball (Gym)	Badminton (SH)	Fitness (Astro)	Athletics	Striking and Fielding
	8aPE7	Mixed	ESE	H11/H12	2	Spinning	Table Tennis (Gym)	Badminton (SH)	Fitness Circuits	Athletics	Striking and Fielding
<b>Monday Lesson 4</b>											
Y7 A Half	7aPE 3	Girls	LCH	H2	1	Football (Astro)	Basketball or Netball (HC)	Rugby (Field)	Handball (SH)	Athletics	Striking and Fielding
	7aPE 4	Boys	SWK	H3	1	Dodgeball (Gym)	Football (Astro)	Basketball or Netball (HC)	Rugby (Field)	Athletics	Striking and Fielding
	7aPE 5	Girls	MST	H11	1	Handball (SH)	Dodgeball (gym)	Football (Astro)	Basketball or Netball (HC)	Athletics	Striking and Fielding
	7aPE 7	Mixed	MJA	H2/H3	1	Rugby (Field)	Handball (SH)	Dodgeball (gym)	Football (Astro)	Athletics	Striking and Fielding
	7aPE 8	Boys	TMS	H12	1	Basketball or Netball (HC)	Rugby (Field)	Handball (SH)	Dodgeball (gym)	Athletics	Striking and Fielding
<b>Monday Lesson 5</b>											
Y11 A Half	11aPE 1	Boys	ESE	H3	1	Football (Astro)	Basketball or Netball (HC)	Rugby (Field)	Handball (SH)	Athletics	Striking and Fielding
	11aPE 2	Girls	KYO	H2	1	Dodgeball (Gym)	Football (Astro)	Basketball or Netball (HC)	Rugby (Field)	Athletics	Striking and Fielding
	11aPE 3	Mixed	SWK	H12	1	Handball (SH)	Dodgeball (gym)	Football (Astro)	Basketball or Netball (HC)	Athletics	Striking and Fielding
	11aPE 4	Girls	LCH	H11	1	Rugby (Field)	Handball (SH)	Dodgeball (gym)	Football (Astro)	Athletics	Striking and Fielding
	11aPE 5	Boys	MJA	H2/H3	1	Basketball or Netball (HC)	Rugby (Field)	Handball (SH)	Dodgeball (gym)	Athletics	Striking and Fielding
<b>Tuesday Lesson 1</b>											
Y9 B Half	9bPE 1	Boys	TMS	H3	1	Football (Astro)	Basketball or Netball (SH)	Rugby (Field)	Handball (SH)	Athletics	Striking and Fielding
	9bPE 2	Girls	SWK	H2	1	Handball (SH)	Football (Astro)	Basketball or Netball (HC)	Rugby (Field)	Athletics	Striking and Fielding
<b>Tuesday Lesson 2</b>											
Y11 B Half	11bPE 1	Boys	TMS	H12	1	Football (Astro)	Basketball or Netball (HC)	Rugby (Field)	Handball (SH)	Athletics	Striking and Fielding
	11bPE 2	Girls	MST	H11	1	Dodgeball (Gym)	Football (Astro)	Basketball or Netball (HC)	Rugby (Field)	Athletics	Striking and Fielding
	11bPE 3	Girls	MJA	H3	1	Handball (SH)	Dodgeball (gym)	Football (Astro)	Basketball or Netball (HC)	Athletics	Striking and Fielding
	11bPE 4	Boys	ESE	H2	1	Rugby (Field)	Handball (SH)	Dodgeball (gym)	Football (Astro)	Athletics	Striking and Fielding
	11bPE 5	Boys	SWK	H2/H3	1	Basketball or Netball (HC)	Rugby (Field)	Handball (SH)	Dodgeball (gym)	Athletics	Striking and Fielding
<b>Tuesday Lesson 3</b>											
Y9 B Half	9bPE 3	Boys	MJA	H3	1	Football (Astro)	Basketball or Netball (HC)	Rugby (Field)	Handball (SH)	Athletics	Striking and Fielding
	9bPE 4	Girls	LCH	H2	1	Handball (SH)	Football (Astro)	Basketball or Netball (HC)	Rugby (Field)	Athletics	Striking and Fielding
	9bPE 5	Mixed	ESE	H2/H3	1	Rugby (Field)	Handball (SH)	Football (Astro)	Basketball or Netball (HC)	Athletics	Striking and Fielding
	7aPE 5	Girls	MST	H11	2	Orienteering	Gymnastics (Gym)	Badminton (SH)	Fitness (Astro/FS)	Athletics	Striking and Fielding
	7aPE 8	Boys	TMS	H12	2	Hockey (Astro)	Orienteering	Fitness (Astro/FS)	Gymnastics (Gym)	Athletics	Striking and Fielding
<b>Tuesday Lesson 4</b>											
Y8 A Half	8aPE 4	Girls	LCH	H11	1	Football (Astro)	Basketball or Netball (HC)	Rugby (Field)	Handball (SH)	Athletics	Striking and Fielding
	8aPE 5	Boys	FRE	12	1	Dodgeball (Gym)	Football (Astro)	Basketball or Netball (HC)	Rugby (Field)	Athletics	Striking and Fielding
	8aPE 7	Mixed	SWK	H2/H3	1	Handball (SH)	Dodgeball (gym)	Football (Astro)	Basketball or Netball (HC)	Athletics	Striking and Fielding

	8aPE 9	Mixed	TMS	H2/H3	1	Rugby (Field)	Handball (SH)	Dodgeball (gym)	Football (Astro)	Athletics	Striking and Fielding	
	8aPE 10	Mixed	MST	H2/H3	1	Basketball or Netball (HC)	Rugby (Field)	Handball (SH)	Dodgeball (gym)	Athletics	Striking and Fielding	
Tuesday Lesson 5												
Y9 A Half	9aPE 1	Boys	MST	H3	1	Football (Astro)	Basketball or Netball (HC)	Rugby (Field)	Handball (SH)	Athletics	Striking and Fielding	
	9aPE 2	Girls	LCH	H2	1	Handball (SH)	Football (Astro)	Basketball or Netball (HC)	Rugby (Field)	Athletics	Striking and Fielding	
	8aPE 1	Boys	ESE	H12	1	Rugby (Field)	Handball (SH)	Football (Astro)	Basketball or Netball (HC)	Athletics	Striking and Fielding	
	8aPE 8	Girls	SWK	H11	1	Basketball or Netball (HC)	Rugby (Field)	Handball (SH)	Football (Astro)	Athletics	Striking and Fielding	
Wednesday Lesson 1												
Y10 A Half	10aPE 1	Boys	ESE	H3	1	Football (Astro)	Basketball or Netball (HC)	Rugby (Field)	Handball (SH)	Athletics	Striking and Fielding	
	10aPE 2	Girls	ZOE	H11	1	Dodgeball (Gym)	Football (Astro)	Basketball or Netball (HC)	Rugby (Field)	Athletics	Striking and Fielding	
	10aPE 3	Mixed	SWK	H12	1	Handball (SH)	Dodgeball (gym)	Football (Astro)	Basketball or Netball (HC)	Athletics	Striking and Fielding	
	10aPE 4	Girls	MST	H2	1	Rugby (Field)	Handball (SH)	Dodgeball (gym)	Football (Astro)	Athletics	Striking and Fielding	
	10aPE 5	Boys	MJA	H2/H3	1	Basketball or Netball (HC)	Rugby (Field)	Handball (SH)	Dodgeball (gym)	Athletics	Striking and Fielding	
Wednesday Lesson 2												
Y10 B Half	10bPE 1	Boys	SWK	H3	1	Football (Astro)	Basketball or Netball (HC)	Rugby (Field)	Handball (SH)	Athletics	Striking and Fielding	
	10bPE 2	Girls	ZOE	H2	1	Dodgeball (Gym)	Football (Astro)	Basketball or Netball (HC)	Rugby (Field)	Athletics	Striking and Fielding	
	10bPE 3	Mixed	ESE	H2/H3	1	Handball (SH)	Dodgeball (gym)	Football (Astro)	Basketball or Netball (HC)	Athletics	Striking and Fielding	
	10bPE 4	Boys	LCH	H12	1	Rugby (Field)	Handball (SH)	Dodgeball (gym)	Football (Astro)	Athletics	Striking and Fielding	
	10bPE 5	Girls	MST	H11	1	Basketball or Netball (HC)	Rugby (Field)	Handball (SH)	Hockey (Astro)	Athletics	Striking and Fielding	
	10bPE 6	Mixed	MJA	H11/H12	1	Orienteering	Football (Astro)	Hockey (Astro)	Dodgeball (gym)	Athletics	Striking and Fielding	
Wednesday Lesson 3												
Y7 A Half	7aPE 1	Mixed	TMS	H2/H3	2	Badminton (SH)	Fitness (Astro/FS)	Hockey (Astro)	Orienteering	Athletics	Striking and Fielding	
	7aPE 2	Girls	ZOE	H2	2	Gymnastics (Gym)	Badminton (SH)	Fitness (Astro/FS)	Hockey (Astro)	Athletics	Striking and Fielding	
	7aPE 3	Girls	LCH	H11	2	Orienteering	Gymnastics (Gym)	Badminton (SH)	Fitness (Astro/FS)	Athletics	Striking and Fielding	
	7aPE 4	Boys	SWK	H3	2	Hockey (Astro)	Orienteering	Gymnastics (Gym)	Badminton (SH)	Athletics	Striking and Fielding	
	7aPE 6	Boys	ESE	H12	2	Fitness (Astro/FS)	Hockey (Astro)	Orienteering	Gymnastics (Gym)	Athletics	Striking and Fielding	
Wednesday Lesson 4												
Y7 A Half	8aPE 3	Mixed	ESE	H11/H12	1	Football (Astro)	Basketball or Netball (HC)	Rugby (Field)	Handball (SH)	Athletics	Striking and Fielding	
	7aPE 9	Boys	SWK	H3	2	Badminton (SH)	Fitness (Astro/FS)	Hockey (Astro)	Orienteering	Athletics	Striking and Fielding	
	7aPE 10	Girls	ZOE	H2	2	Gymnastics (Gym)	Badminton (SH)	Fitness (Astro/FS)	Hockey (Astro)	Athletics	Striking and Fielding	
	7aPE 11	Mixed	LCH	H2/H3	2	Orienteering	Gymnastics (Gym)	Badminton (SH)	Fitness (Astro/FS)	Athletics	Striking and Fielding	
Wednesday Lesson 5												
Y8 A Half	8aPE 1	Boys	FRE	H12	2	Fitness (Astro/FS)	Hockey (Astro)	Orienteering	Table Tennis (Gym)	Athletics	Striking and Fielding	
	8aPE 2	Mixed	MST	H2/H3	1	Football (Astro)	Basketball or Netball (HC)	Rugby (Field)	Handball (SH)	Athletics	Striking and Fielding	
	8aPE 6	Mixed	ESE	H2/H3	1	Handball (SH)	Football (Astro)	Basketball or Netball (HC)	Rugby (Field)	Athletics	Striking and Fielding	
	8aPE 8	Girls	SWK	H11	2	Trampolining (Gym)	Badminton (SH)	Fitness (Astro/FS)	Hockey (Astro)	Athletics	Striking and Fielding	
	8aPE 9	Mixed	TMS	H2/H3	2	Orienteering	Table Tennis (Gym)	Badminton (SH)	Fitness (Astro/FS)	Athletics	Striking and Fielding	
Thursday Lesson 1												
Y8 A Half	8aPE 2	Mixed	MST	H2/H3	2	Badminton (SH)	Fitness (Astro/FS)	Hockey (Astro)	Orienteering	Athletics	Striking and Fielding	
	8aPE 4	Girls	SWK	H2	2	Trampolining (Gym)	Badminton (SH)	Fitness (Astro/FS)	Hockey (Astro)	Athletics	Striking and Fielding	
	8aPE 5	Boys	ESE	H3	2	Orienteering	Table Tennis (Gym)	Badminton (SH)	Fitness (Astro/FS)	Athletics	Striking and Fielding	
Thursday Lesson 2												
Y8 A Half	8aPE 3	Mixed	MJA	H2/H3	2	Badminton (SH)	Fitness (Astro/FS)	Hockey (Astro)	Orienteering	Athletics	Striking and Fielding	
Thursday Lesson 3												
Y9 A Half	9aPE 1	Boys	ESE	H3	2	Badminton (SH)	Fitness (Astro/FS)	Hockey (Astro)	Orienteering	Athletics	Striking and Fielding	
	9aPE 2	Girls	MST	H2	2	Trampolining (Gym)	Badminton (SH)	Fitness (Astro/FS)	Hockey (Astro)	Athletics	Striking and Fielding	
Thursday Lesson 4												
Y9 B Half	9bPE 3	Boys	ESE	H3	2	Badminton (SH)	Fitness (Astro/FS)	Hockey (Astro)	Orienteering	Athletics	Striking and Fielding	
	9bPE 4	Girls	KYO	H2	2	Trampolining (Gym)	Badminton (SH)	Fitness (Astro/FS)	Hockey (Astro)	Athletics	Striking and Fielding	
	9bPE 5	Mixed	TMS	H2/H3	2	Orienteering (FS)	Table Tennis (Gym)	Badminton (SH)	Fitness (Astro/FS)	Athletics	Striking and Fielding	

Thursday Lesson 5												
Y8 A Half	8aPE 6	Mixed	ESE	H2/H3	2	Badminton (SH)	Fitness (Astro/FS)	Hockey (Astro)	Orienteering	Athletics	Striking and Fielding	
	8aPE 10	Mixed	KYO	H2/H3	2	Trampolining (Gym)	Badminton (SH)	Fitness (Astro/FS)	Hockey (Astro)	Athletics	Striking and Fielding	
	7aPE 7	Mixed	MJA	H11/H12	2	Orienteering (FS)	Table Tennis (Gym)	Badminton (SH)	Fitness (Astro/FS)	Athletics	Striking and Fielding	
Friday Lesson 1												
Y11 B Half	11bPE 3	Girls	KYO	H3	2	Badminton (SH)	Fitness (Astro/FS)	Hockey (Astro)	Orienteering	Athletics	Striking and Fielding	
	11bPE 4	Boys	ESE	H2	2	Football (Astro)	Badminton (SH)	Fitness (Astro/FS)	Hockey (Astro)	Athletics	Striking and Fielding	
	11bPE 5	Boys	SWK	H2/H3	2	Orienteering	Table Tennis (Gym)	Badminton (SH)	Fitness (Astro/FS)	Athletics	Striking and Fielding	
	10aPE 4	Girls	MST	H12	2	Hockey (Astro)	Orienteering	Table Tennis (Gym)	Badminton (SH)	Athletics	Striking and Fielding	
	10aPE 5	Boys	TMS	H11	2	Fitness (Astro/FS)	Hockey (Astro)	Orienteering	Trampolining (Gym)	Athletics	Striking and Fielding	
Friday Lesson 2												
Y10 B Half	10aPE 1	Boys	ESE	H3	2	Badminton (SH)	Fitness (Astro/FS)	Hockey (Astro)	Orienteering	Athletics	Striking and Fielding	
	10aPE 2	Girls	KYO	H2	2	Trampolining (Gym)	Badminton (SH)	Fitness (Astro/FS)	Hockey (Astro)	Athletics	Striking and Fielding	
	10aPE 3	Mixed	MJA	H2/H3	2	Orienteering	Table Tennis (Gym)	Badminton (SH)	Fitness (Astro/FS)	Athletics	Striking and Fielding	
	9bPE 1	Boys	TMS	H12	2	Hockey (Astro)	Orienteering	Table Tennis (Gym)	Badminton (SH)	Athletics	Striking and Fielding	
	9bPE 2	Girls	SWK	H11	2	Fitness (Astro/FS)	Hockey (Astro)	Orienteering	Trampolining (Gym)	Athletics	Striking and Fielding	
Friday Lesson 3												
Y10 B Half	10bPE 4	Boys	TMS	H2	2	Badminton (SH)	Fitness (Astro/FS)	Hockey (Astro)	Orienteering	Athletics	Striking and Fielding	
	10bPE 5	Girls	MST	H2/H3	2	Table Tennis (Gym)	Badminton (SH)	Fitness (Astro/FS)	Hockey (Astro)	Athletics	Striking and Fielding	
	10bPE 6	Mixed	ESE	H3	2	Orienteering	Table Tennis (Gym)	Badminton (SH)	Fitness (Astro)	Athletics	Striking and Fielding	
Friday Lesson 4												
Y11 B Half	11bPE 1	Boys	TMS	H12	2	Badminton (SH)	Fitness (Astro/FS)	Hockey (Astro)	Orienteering	Athletics	Striking and Fielding	4b/c
	11bPE 2	Girls	LCH	H11	2	Trampolining (Gym)	Badminton (SH)	Fitness (Astro/FS)	Hockey (Astro)	Athletics	Striking and Fielding	
Y10 B Half	10bPE 1	Boys	MJA	H3	2	Orienteering	Table Tennis (Gym)	Badminton (SH)	Fitness (Astro/FS)	Athletics	Striking and Fielding	4a/b
	10bPE 2	Girls	WBA	H2	2	Hockey (Astro)	Orienteering	Table Tennis (Gym)	Badminton (SH)	Athletics	Striking and Fielding	
	10bPE 3	Mixed	ESE	H2/H3	2	Fitness (Astro/FS)	Hockey (Astro)	Orienteering	Table Tennis (Gym)	Athletics	Striking and Fielding	
Friday Lesson 5												
Y11 A Half	11aPE 1	Boys	TMS	H12	2	Badminton (SH)	Fitness (Astro/FS)	Hockey (Astro)	Orienteering	Athletics	Striking and Fielding	
	11aPE 2	Girls	KYO	H2	2	Trampolining (Gym)	Badminton (SH)	Fitness (Astro/FS)	Hockey (Astro)	Athletics	Striking and Fielding	
	11aPE 3	Mixed	SWK	H3	2	Orienteering	Table Tennis (Gym)	Badminton (SH)	Fitness (Astro/FS)	Athletics	Striking and Fielding	
	11aPE 4	Girls	LCH	H11	2	Hockey (Astro)	Orienteering	Table Tennis (Gym)	Badminton (SH)	Athletics	Striking and Fielding	
	11aPE 5	Boys	MJA	H2/H3	2	Fitness (Astro/FS)	football (Astro)	Orienteering	Table Tennis (Gym)	Athletics	Striking and Fielding	