

| Curriculum 2024-2025 WEEK 2 |         | Staff | Changing Room | Lesson  | Term 1 | Term 2 (Including XC during exam weeks) | Term 3                     | Term 4                     | Term 5                     | Term 6 (Including Sports days) |                       |
|-----------------------------|---------|-------|---------------|---------|--------|-----------------------------------------|----------------------------|----------------------------|----------------------------|--------------------------------|-----------------------|
| <b>Monday Lesson 1</b>      |         |       |               |         |        |                                         |                            |                            |                            |                                |                       |
| Y7 A Half                   | 7aPE 2  | Girls | MST           | H2      | 1      | Football (Astro)                        | Basketball or Netball (HC) | Rugby (Field)              | Handball (SH)              | Athletics                      | Striking and Fielding |
|                             | 7aPE 6  | Boys  | ESE           | H3      | 1      | Dodgeball (Gym)                         | Football (Astro)           | Basketball or Netball (HC) | Rugby (Field)              | Athletics                      | Striking and Fielding |
|                             | 7aPE 9  | Boys  | SWK           | H12     | 1      | Handball (SH)                           | Dodgeball (Gym)            | Football (Astro)           | Basketball or Netball (HC) | Athletics                      | Striking and Fielding |
|                             | 7aPE 10 | Girls | WBA           | H2/H3   | 1      | Rugby (Field)                           | Handball (SH)              | Dodgeball (Gym)            | Football (Astro)           | Athletics                      | Striking and Fielding |
|                             | 7aPE 11 | Mixed | LCH           | H11     | 1      | Basketball or Netball (HC)              | Football (Field)           | Handball (SH)              | Dodgeball (gym)            | Athletics                      | Striking and Fielding |
| <b>Monday Lesson 2</b>      |         |       |               |         |        |                                         |                            |                            |                            |                                |                       |
| Y9 A Half                   | 9aPE 1  | Boys  | MST           | H3      | 1      | Football (Astro)                        | Basketball or Netball (HC) | Rugby (Field)              | Handball (SH)              | Athletics                      | Striking and Fielding |
|                             | 9aPE 2  | Girls | LCH           | H2      | 1      | Handball (SH)                           | Football (Astro)           | Basketball or Netball (HC) | Rugby (Field)              | Athletics                      | Striking and Fielding |
|                             | 7aPE 1  | Mixed | TMS           | H11/H12 | 1      | Basketball or Netball (HC)              | Rugby (Field)              | Handball (SH)              | Football (Astro)           | Athletics                      | Striking and Fielding |
| <b>Monday Lesson 3</b>      |         |       |               |         |        |                                         |                            |                            |                            |                                |                       |
| Y9 A Half                   | 9aPE 3  | Boys  | MJA           | H3      | 1      | Football (Astro)                        | Basketball or Netball (HC) | Rugby (Field)              | Handball (SH)              | Athletics                      | Striking and Fielding |
|                             | 9aPE 4  | Girls | LCH           | H2      | 1      | Handball (SH)                           | Football (Astro)           | Basketball or Netball (HC) | Rugby (Field)              | Athletics                      | Striking and Fielding |
|                             | 9aPE 5  | Mixed | TMS           | H2/H3   | 1      | Rugby (Field)                           | Handball (SH)              | Football (Astro)           | Basketball or Netball (HC) | Athletics                      | Striking and Fielding |
|                             | 8aPE7   | Mixed | ESE           | H11/H12 | 2      | Spinning                                | Table Tennis (Gym)         | Badminton (SH)             | Fitness Circuits           | Athletics                      | Striking and Fielding |
| <b>Monday Lesson 4</b>      |         |       |               |         |        |                                         |                            |                            |                            |                                |                       |
| Y7 A Half                   | 7aPE 3  | Girls | LCH           | H11     | 1      | Football (Astro)                        | Basketball or Netball (HC) | Rugby (Field)              | Handball (SH)              | Athletics                      | Striking and Fielding |
|                             | 7aPE 4  | Boys  | SWK           | H3      | 1      | Dodgeball (Gym)                         | Football (Astro)           | Basketball or Netball (HC) | Rugby (Field)              | Athletics                      | Striking and Fielding |
|                             | 7aPE 5  | Girls | MST           | H2      | 1      | Handball (SH)                           | Dodgeball (gym)            | Football (Astro)           | Basketball or Netball (HC) | Athletics                      | Striking and Fielding |
|                             | 7aPE 7  | Mixed | MJA           | H2/H3   | 1      | Rugby (Field)                           | Handball (SH)              | Dodgeball (gym)            | Football (Astro)           | Athletics                      | Striking and Fielding |
|                             | 7aPE 8  | Boys  | TMS           | H12     | 1      | Basketball or Netball (HC)              | Rugby (Field)              | Handball (SH)              | Dodgeball (gym)            | Athletics                      | Striking and Fielding |
| <b>Monday Lesson 5</b>      |         |       |               |         |        |                                         |                            |                            |                            |                                |                       |
| Y11 A Half                  | 11aPE 1 | Boys  | ESE           | H3      | 1      | Football (Astro)                        | Basketball or Netball (HC) | Rugby (Field)              | Handball (SH)              | Athletics                      | Striking and Fielding |
|                             | 11aPE 2 | Girls | KYO           | H2      | 1      | Dodgeball (Gym)                         | Football (Astro)           | Basketball or Netball (HC) | Rugby (Field)              | Athletics                      | Striking and Fielding |
|                             | 11aPE 3 | Mixed | SWK           | H12     | 1      | Handball (SH)                           | Dodgeball (gym)            | Football (Astro)           | Basketball or Netball (HC) | Athletics                      | Striking and Fielding |
|                             | 11aPE 4 | Girls | LCH           | H11     | 1      | Rugby (Field)                           | Handball (SH)              | Dodgeball (gym)            | Football (Astro)           | Athletics                      | Striking and Fielding |
|                             | 11aPE 5 | Boys  | MJA           | H2/H3   | 1      | Basketball or Netball (HC)              | Rugby (Field)              | Handball (SH)              | Dodgeball (gym)            | Athletics                      | Striking and Fielding |
| <b>Tuesday Lesson 1</b>     |         |       |               |         |        |                                         |                            |                            |                            |                                |                       |
| Y9 B Half                   | 9bPE 3  | Boys  | ESE           | H3      | 1      | Football (Astro)                        | Basketball or Netball (HC) | Rugby (Field)              | Handball (SH)              | Athletics                      | Striking and Fielding |
|                             | 9bPE 4  | Girls | LCH           | H2      | 1      | Handball (SH)                           | Football (Astro)           | Basketball or Netball (HC) | Rugby (Field)              | Athletics                      | Striking and Fielding |
|                             | 9bPE 5  | Mixed | MST           | H2/H3   | 1      | Rugby (Field)                           | Handball (SH)              | Football (Astro)           | Basketball or Netball (HC) | Athletics                      | Striking and Fielding |
| <b>Tuesday Lesson 2</b>     |         |       |               |         |        |                                         |                            |                            |                            |                                |                       |
| Y11 B Half                  | 11bPE 1 | Boys  | TMS           | H12     | 1      | Football (Astro)                        | Basketball or Netball (HC) | Rugby (Field)              | Handball (SH)              | Athletics                      | Striking and Fielding |
|                             | 11bPE 2 | Girls | MST           | H11     | 1      | Dodgeball (Gym)                         | Football (Astro)           | Basketball or Netball (HC) | Rugby (Field)              | Athletics                      | Striking and Fielding |
|                             | 11bPE 3 | Girls | MJA           | H3      | 1      | Handball (SH)                           | Dodgeball (gym)            | Football (Astro)           | Basketball or Netball (HC) | Athletics                      | Striking and Fielding |
|                             | 11bPE 4 | Boys  | ESE           | H2      | 1      | Rugby (Field)                           | Handball (SH)              | Dodgeball (gym)            | Football (Astro)           | Athletics                      | Striking and Fielding |
|                             | 11bPE 5 | Boys  | SWK           | H2/H3   | 1      | Basketball or Netball (HC)              | Rugby (Field)              | Handball (SH)              | Dodgeball (gym)            | Athletics                      | Striking and Fielding |
| <b>Tuesday Lesson 3</b>     |         |       |               |         |        |                                         |                            |                            |                            |                                |                       |
| Y9 A Half                   | 9bPE 1  | Boys  | WBA           | H3      | 1      | Football (Astro)                        | Basketball or Netball (HC) | Rugby (Field)              | Handball (SH)              | Athletics                      | Striking and Fielding |
|                             | 9bPE 2  | Girls | SWK           | H2      | 1      | Handball (SH)                           | Football (Astro)           | Basketball or Netball (HC) | Rugby (Field)              | Athletics                      | Striking and Fielding |
|                             | 7aPE 5  | Girls | MST           | H11     | 2      | Orienteering                            | Gymnastics (Gym)           | Badminton (SH)             | Fitness (Astro/FS)         | Athletics                      | Striking and Fielding |
|                             | 7aPE 8  | Boys  | TMS           | H12     | 2      | Hockey (Astro)                          | Orienteering               | Fitness (Astro/FS)         | Gymnastics (Gym)           | Athletics                      | Striking and Fielding |
| <b>Tuesday Lesson 4</b>     |         |       |               |         |        |                                         |                            |                            |                            |                                |                       |

|                    |         |       |     |           |   |                            |                            |                            |                            |           |                       |  |
|--------------------|---------|-------|-----|-----------|---|----------------------------|----------------------------|----------------------------|----------------------------|-----------|-----------------------|--|
| Y8 A Half          | 8aPE 4  | Girls | LCH | H11       | 1 | Football (Astro)           | Basketball or Netball (HC) | Rugby (Field)              | Handball (SH)              | Athletics | Striking and Fielding |  |
|                    | 8aPE 5  | Boys  | FRE | H3        | 1 | Dodgeball (Gym)            | Football (Astro)           | Basketball or Netball (HC) | Rugby (Field)              | Athletics | Striking and Fielding |  |
|                    | 8aPE 7  | Mixed | SWK | H2/H3     | 1 | Handball (SH)              | Dodgeball (gym)            | Football (Astro)           | Basketball or Netball (HC) | Athletics | Striking and Fielding |  |
|                    | 8aPE 9  | Mixed | TMS | H11 / H12 | 1 | Rugby (Field)              | Handball (SH)              | Dodgeball (gym)            | Football (Astro)           | Athletics | Striking and Fielding |  |
|                    | 8aPE 10 | Mixed | MST | H2        | 1 | Basketball or Netball (HC) | Rugby (Field)              | Handball (SH)              | Dodgeball (gym)            | Athletics | Striking and Fielding |  |
| Tuesday Lesson 5   |         |       |     |           |   |                            |                            |                            |                            |           |                       |  |
| Y9 A Half          | 9aPE 3  | Boys  | MJA | H3        | 2 | Badminton (SH)             | Fitness (Astro/FS)         | Hockey (Astro)             | Orienteering               | Athletics | Striking and Fielding |  |
|                    | 9aPE 4  | Girls | ESE | H2        | 2 | Table Tennis (Gym)         | Orienteering               | Fitness (Astro/FS)         | Hockey (Astro)             | Athletics | Striking and Fielding |  |
|                    | 9aPE 5  | Mixed | TMS | H2/H3     | 2 | Orienteering               | Dodgeball (Gym)            | Badminton (SH)             | Fitness (Astro/FS)         | Athletics | Striking and Fielding |  |
|                    | 8aPE 1  | Boys  | LCH | H12       | 1 | Rugby (Field)              | Handball (SH)              | Football (Astro)           | Basketball or Netball (HC) | Athletics | Striking and Fielding |  |
|                    | 8aPE 8  | Girls | SWK | H11       | 1 | Basketball or Netball (HC) | Rugby (Field)              | Dodgeball (Gym)            | Football (Astro)           | Athletics | Striking and Fielding |  |
| Wednesday Lesson 1 |         |       |     |           |   |                            |                            |                            |                            |           |                       |  |
| Y10 A half         | 10aPE 1 | Boys  | ESE | H3        | 1 | Football (Astro)           | Basketball or Netball (HC) | Rugby (Field)              | Handball (SH)              | Athletics | Striking and Fielding |  |
|                    | 10aPE 2 | Girls | ZOE | H11       | 1 | Dodgeball (Gym)            | Football (Astro)           | Basketball or Netball (HC) | Rugby (Field)              | Athletics | Striking and Fielding |  |
|                    | 10aPE 3 | Mixed | SWK | H12       | 1 | Handball (SH)              | Dodgeball (gym)            | Football (Astro)           | Basketball or Netball (HC) | Athletics | Striking and Fielding |  |
|                    | 10aPE 4 | Girls | MST | H2        | 1 | Rugby (Field)              | Handball (SH)              | Dodgeball (gym)            | Football (Astro)           | Athletics | Striking and Fielding |  |
|                    | 10aPE 5 | Boys  | MJA | H2/H3     | 1 | Basketball or Netball (HC) | Rugby (Field)              | Handball (SH)              | Dodgeball (gym)            | Athletics | Striking and Fielding |  |
| Wednesday Lesson 2 |         |       |     |           |   |                            |                            |                            |                            |           |                       |  |
| Y10 B Half         | 10bPE 1 | Boys  | SWK | H3        | 1 | Football (Astro)           | Basketball or Netball (HC) | Rugby (Field)              | Handball (SH)              | Athletics | Striking and Fielding |  |
|                    | 10bPE 2 | Girls | ZOE | H2        | 1 | Dodgeball (Gym)            | Football (Astro)           | Basketball or Netball (HC) | Rugby (Field)              | Athletics | Striking and Fielding |  |
|                    | 10bPE 3 | Mixed | ESE | H12       | 1 | Handball (SH)              | Dodgeball (gym)            | Football (Astro)           | Basketball or Netball (HC) | Athletics | Striking and Fielding |  |
|                    | 10bPE 4 | Boys  | LCH | H11       | 1 | Rugby (Field)              | Handball (SH)              | Dodgeball (gym)            | Football (Astro)           | Athletics | Striking and Fielding |  |
|                    | 10bPE 5 | Girls | MST | H2        | 1 | Basketball or Netball (HC) | Rugby (Field)              | Handball (SH)              | Hockey (Astro)             | Athletics | Striking and Fielding |  |
|                    | 10bPE 6 | Mixed | MJA | H3        | 1 | Orienteering               | Football (Astro)           | Hockey (Astro)             | Dodgeball (gym)            | Athletics | Striking and Fielding |  |
| Wednesday Lesson 3 |         |       |     |           |   |                            |                            |                            |                            |           |                       |  |
| Y7 A Half          | 7aPE 1  | Mixed | TMS | H12       | 2 | Badminton (SH)             | Fitness (Astro/FS)         | Hockey (Astro)             | Orienteering               | Athletics | Striking and Fielding |  |
|                    | 7aPE 2  | Girls | ZOE | H2        | 2 | Gymnastics (Gym)           | Badminton (SH)             | Fitness (Astro/FS)         | Hockey (Astro)             | Athletics | Striking and Fielding |  |
|                    | 7aPE 3  | Girls | LCH | H11       | 2 | Orienteering               | Gymnastics (Gym)           | Badminton (SH)             | Fitness (Astro/FS)         | Athletics | Striking and Fielding |  |
|                    | 7aPE 4  | Boys  | SWK | H3        | 2 | Hockey (Astro)             | Orienteering               | Gymnastics (Gym)           | Badminton (SH)             | Athletics | Striking and Fielding |  |
|                    | 7aPE 6  | Boys  | ESE | H2/H3     | 2 | Fitness (Astro/FS)         | Hockey (Astro)             | Orienteering               | Gymnastics (Gym)           | Athletics | Striking and Fielding |  |
| Wednesday Lesson 4 |         |       |     |           |   |                            |                            |                            |                            |           |                       |  |
| Y7 A Half          | 8aPE 3  | Mixed | ESE | H11/H12   | 1 | Football (Astro)           | Basketball or Netball (HC) | Rugby (Field)              | Handball (SH)              | Athletics | Striking and Fielding |  |
|                    | 7aPE 9  | Boys  | SWK | H3        | 2 | Badminton (SH)             | Fitness (Astro/FS)         | Hockey (Astro)             | Orienteering               | Athletics | Striking and Fielding |  |
|                    | 7aPE 10 | Girls | ZOE | H2/H3     | 2 | Gymnastics (Gym)           | Badminton (SH)             | Fitness (Astro/FS)         | Hockey (Astro)             | Athletics | Striking and Fielding |  |
|                    | 7aPE 11 | Mixed | LCH | H2        | 2 | Orienteering               | Gymnastics (Gym)           | Badminton (SH)             | Fitness (Astro/FS)         | Athletics | Striking and Fielding |  |
| Wednesday Lesson 5 |         |       |     |           |   |                            |                            |                            |                            |           |                       |  |
| Y8 A Half          | 8aPE 1  | Boys  | FRE | H3        | 2 | Fitness (Astro/FS)         | Hockey (Astro)             | Orienteering               | Table Tennis (Gym)         | Athletics | Striking and Fielding |  |
|                    | 8aPE 2  | Mixed | MST | H2        | 1 | Football (Astro)           | Basketball or Netball (HC) | Rugby (Field)              | Handball (SH)              | Athletics | Striking and Fielding |  |
|                    | 8aPE 6  | Mixed | ESE | H2/H3     | 1 | Handball (SH)              | Football (Astro)           | Basketball or Netball (HC) | Rugby (Field)              | Athletics | Striking and Fielding |  |
|                    | 8aPE 8  | Girls | SWK | H11       | 2 | Trampolining (Gym)         | Badminton (SH)             | Fitness (Astro/FS)         | Hockey (Astro)             | Athletics | Striking and Fielding |  |
|                    | 8aPE 9  | Mixed | TMS | H12       | 2 | Orienteering               | Table Tennis (Gym)         | Badminton (SH)             | Fitness (Astro/FS)         | Athletics | Striking and Fielding |  |
| Thursday Lesson 1  |         |       |     |           |   |                            |                            |                            |                            |           |                       |  |
| Y8 A Half          | 8aPE 2  | Mixed | MST | H2        | 2 | Badminton (SH)             | Fitness (Astro/FS)         | Hockey (Astro)             | Orienteering               | Athletics | Striking and Fielding |  |
|                    | 8aPE 4  | Girls | SWK | H3        | 2 | Trampolining (Gym)         | Badminton (SH)             | Fitness (Astro/FS)         | Hockey (Astro)             | Athletics | Striking and Fielding |  |
|                    | 8aPE 5  | Boys  | ESE | H2/H3     | 2 | Orienteering               | Table Tennis (Gym)         | Badminton (SH)             | Fitness (Astro/FS)         | Athletics | Striking and Fielding |  |
| Thursday Lesson 2  |         |       |     |           |   |                            |                            |                            |                            |           |                       |  |



