



Queen Katharine
Academy



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**QKA SIXTH FORM
INDUCTION DAY**

2024





Personal Statement Session

Name:

What do you want to be studying or be after Sixth Form? Explain why.

What makes you think you will be able to do this – explain some of your school achievements and how you have developed

What makes you stick out? What have you done outside of your studies?



Example – from a very successful former student

A Nurse has many aspects to their career: teamwork with other professionals, teaching and most important of all - providing care and understanding to individuals who require it. Such variety made the prospect of studying Child Nursing appealing to me as I wouldn't just be aiding them physically, but also mentally. Moreover, the satisfaction gained from helping a child in their difficult time and making them happy is extremely rewarding. In addition, by having younger siblings who I help care for has made me more enthusiastic about helping others. This encouraged me even more to pursue a career in Nursing as it provides a variety of opportunities and situations.

Studying A level Psychology gave me an insight and helped me understand that every person is unique and they require to be addressed differently to others. My interest and passion for Nursing grew as the year progressed and it became evident that I wanted to be a Paediatric Nurse, particularly when we covered the attachment topic and learned how important support is for younger children. The course also helped me to understand the importance of science, this interlinked with Biology, as the skills gained through experiments such as: concentration, being critical, analytical and observing, patience and evaluative are required not only for the course but also in the field of work. In addition, A level English developed my skills on how to look for deeper meanings and be able to link different concepts together. This is a valuable characteristic which would help me through the course and in my career as children are selective about who they share with.

I have been exposed to a variety of cultures and religions from a young age, being born in Hong Kong, living there for 10 years with a Pakistani background, then moving to England has given me a rich heritage and has taught me how to adapt to different situations. This has enhanced my ability to be able to speak four languages including Cantonese. This allows me to be more aware of the social diversities which would help me understand the patient better, as a Nurse comes in contact with patients from varied ethnicities.

At school, I have taken part in several volunteering opportunities, one of which was teaching year 9 classes about chromatography. This experience developed my communication skills and my confidence, as I had to express myself clearly, take control of the class and aid the students who were struggling. I had to be patient and adapt my use of English as for many of the students, English was a second language and they didn't comprehend the instructions. I was also on the school student panel, which required me to assess, interview and evaluate potential new teachers and decide whether they are suitable, this developed my team working skills and to be able to take a variety of aspects into consideration before making a final decision, this would help with the course.

I was part of a paired reading scheme with a student from a younger year; I had to listen to her read and through this I was able to develop my listening skills which are a crucial trait a Nurse requires. At the beginning, she was hesitant in reading out loud however, by showing empathy towards her and assuring her that I am there to help, it aided her to be more confident. My voluntary work at a local nursery has allowed me to come in contact with energetic children and their carers, this taught me how to interact differently with different age groups and build relationships with younger children. Undertaking voluntary work at my local GP has shown me how various health professional's work together to ensure quality care is given to the patients. While Nursing is a highly fulfilling career I realise that it is key to have some free time to deal with the stress of making vital decisions. In my free time I like to experiment with different cuisines and mixing them together. I am looking forward to hear back from you.



Vision and Action Plan

Answer the following questions with a tick in the 'yes' or 'no' column below. Reflect on what you are motivated by, and what you need to do to reach your goals.

	Yes	No	I don't know
I am prepared to work hard to achieve my goal(s).			
I am motivated to succeed in everything that I do.			
I am determined to do well in Sixth Form.			
I want to make this year my best year yet.			
I am prepared to ask for help if I need it; I won't suffer in silence.			
I have everything I need to make progress this year.			
I have a positive attitude towards this year.			
I am looking forward to starting my Sixth Form journey.			
I know what I want to do after Sixth Form.			
I know what I need to do to achieve this.			

What are your reasons for wanting to study in Sixth Form? Why choose/stay at Queen Katharine Academy?

What motivates you?

What are your plans for after Sixth Form? If you can, be as specific as possible. *For example, if you want to go to university, then where do you want to go and what do you want to study? Why?*



Create a Personal Goal: *What's a personal goal you want to achieve by the end of the school year? Your goal may be related to one of the following categories:*

- **Positive Choices:** Make choices that have a positive impact on others and the school community.
- **Belonging and Inclusion:** Expand your sense of belonging or build others' sense of belonging.
- **Wellness:** Advance your physical and mental wellness, including managing your emotions, eating nutritiously, and/or getting sufficient sleep (at least 7 hours a night).
- **Academic:** Improve on your performance or participation in class
- **Extracurricular:** Engage in activities outside the classroom, such as sports, clubs, or student government.

Reflect on the following questions:

1. What is something you want to gain from this year?

2. What is something that you want to change from last year?

3. Is there anything new you'd like to start doing?

4. Which category do you feel needs the most improvement? Why?

5. Is there anything specific you'd like to achieve this year?

Give yourself a target for this year. What do you want to try to do? *Avoid being too vague by saying 'pass all my exams' – focus on something specific.*



Transition Checklist

Work through the list below and consider what areas you still need to work on to aid your transition to A-level.

<u>Have you done the following?</u>	<u>Subject 1:</u>	<u>Subject 2:</u>	<u>Subject 3:</u>	<u>Subject 4:</u>
How can you get organised for each of the subjects? Think about the resources you may need and what the subject teachers have advised.				
Have you found out the exam board for your subject? Identify.				
Developed a clear understanding of the content of your course i.e. do you know the modules/texts you will be studying across the two years to help plan ahead?				
Developed a clear understanding of how the courses are assessed. How is the subject assessed? 100% exam? How is the subject graded? E, D, C, B, A?#				
How many additional hours a week of independent study should I be doing for each subject?				
How will I study in lessons? Book, computer, lectures?				
Am I expected to review my notes after each lesson? (if you haven't yet then get into the habit)				



Do I need to do additional reading for these subjects before lessons to aid my understanding?				
Will the teachers provide further support if I have any misunderstandings? How? Where do I go to get some further support?				

Outline below what you could be doing over the Summer Holiday to prepare you for your studies next year:

Subject 1:

Subject 2:

Subject 3:

Subject 4: