

# QKA Sixth Form

## Autumn term 30.09.2024

Welcome to QKA Sixth Form! We hope you have had an excellent start to the new academic year and settled in quickly enabling you to adjust within your new environment.

## Sixth form Tutor time programme

<b>Monday</b>	Assembly for all students
<b>Tuesday</b>	Tutor time programme
<b>Wednesday</b>	Tutor time programme
<b>Thursday</b>	Tutor time programme
<b>Friday</b>	Register and Read

Supporting students both academically and pastorally are key aspects of our tutor time programme. We embed activities and routines that support the student's emotional and mental health; equip them with life skills and knowledge needed to make the transition to adulthood and provide personalised guidance to ensure they achieve their academic potential. Each student is allocated a tutor group for their

year. They have registration from 8:40-9:00am and tutor time from 11:00-11:25.

## Autumn half term - Tutor time themes

WEEK	1	2	3	4	5	6	7	8
Year Group / Date	02/09/2024	09/09/2024	16/09/2024	23/09/2024	30/09/2024	07/10/2024	14/10/2024	21/10/2024
Year 12	Welcome Back Sixth Form Code of conduct	Leap from GCSE to A-Level	Goals Effort	Study Skills	Study Skills	Student Leader enrichment opportunities	Study Skills	Skills
Resources/spec	Code of conduct booklet Data sheets Dress code/contract Getting to know each other Key roles in Sixth Form Key role of the Tutor	Difference between GCSE and Level 3 qualifications  Habits of a highly successful student	Vision for the future Effort and its importance	Independent learner Organisation skills How to take notes	Plagiarism Referencing	Super curricular/taking opportunities Student council and representatives from each tutor group	Communication skills Reading skills	Teamwork Critical thinking skills
Year 13/14	Welcome Back Sixth Form Code of conduct	Leap from AS to A2	Study Skills UCAS review or vision	Study Skills	Safe Drive Stay Alive	Student Leader enrichment opportunities	Study Skills	Study Skills
Resources/spec	Code of conduct booklet Data sheets Dress code/contract Key roles in Sixth Form Key role of the Tutor	Difference between AS and A2  Habits of a highly successful student	Vision and Action plan Independent learner Reading skills Organisation skills How to take notes	Plagiarism Referencing	Speed limits Damaging effect of speeding and drink driving The Law – insurance and license	Super curricular/taking opportunities	Revision plan and techniques Stress management	Revision plan and techniques Stress management

## Dress Code Updates

After reviewing our dress code, we are making some small adjustments as we have noticed some items of clothing not representing our culture of 'ready to learn'. The changes are outlined below:

- \* Combat/cargo trousers are not to be worn from September. These are too casual and do not present the image that the Sixth Form wishes to have.
- \* No hoodies.
- \* Knee length skirts/dresses and no slits at the side or front.
- \* Only black coloured jeans are permitted.

Students were notified before the Summer holidays and the information has been reinforced during assemblies and tutor time. Queen Katharine Academy Sixth form dress code can be found on the website and as part of the Student handbook.



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**Upcoming events and diary dates:**

**Wednesday 16th October at 10 am:  
A personal statement 'refresh'**

**(room to be advised)**

We want to ensure that we provide the best student experience possible at Queen Katharine Academy. We would love to hear from you about what events, activities and experiences we can organise and put on for our students. Please speak to a member of the Sixth Form with your ideas.

**Wednesday 16th October**

**School name:** Queen Katherine Academy

**Session(s) to be delivered:** Choosing your course and university talk and personal statement workshop

**Year group(s) involved:** Year 12 9-10am and Year 13 10-11am

**Sunday 13th October**



## The Anna's Hope Schools Challenge

**Help make a difference to the lives of children with a brain tumour**

Anna's Hope are offering **Free Entry** in this year's **Anna's Hope 5K** in the AEPG Great Eastern Run in Peterborough on **Sunday 13 October 2024**

**Free entry** for any pupil who can raise **at least £30 for Anna's Hope** (subject to availability)



**Plus**

**Trophy** to any school that raises over £250  
&

Prizes of Usborne Books

1st Prize £250 (schools choice of books)

3x Runners Up - Books worth £50

**Plus**

AEPG Great Eastern Run Medal

&

Chip Timing

For more information and to claim your free entry code please contact  
Carole Hughes e-mail [admin@annashope.co.uk](mailto:admin@annashope.co.uk) or Tel 07554 736888



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## Sixth Form Open Evenings

### TDA Campus

Wednesday 9th October 2024  
6:00pm – 7:30pm

### QKA Campus

Tuesday 22nd October 2024  
6:00pm – 7:30pm



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TDET  
Sixth Forms  
2024-25

TDET Sixth Form offers a wide range of courses designed to meet the needs of all our students and to prepare them for today's higher education and employment markets.

#### A Level

Art (Fine) ♦♦	Photography ♦♦
Art (Textiles) ♦♦	Physics ♦♦
Biology ♦♦	Politics ♦♦
Business Studies ♦♦	Psychology ♦♦
Chemistry ♦♦	Religious Education ♦
Computer Science ♦	Sociology ♦♦
Core Maths ♦	Spanish ♦♦
Drama & Theatre Studies ♦	(co-delivered by both QKA & TDA)
Economics ♦♦	
English Language ♦	
English Literature ♦♦	
English Language & Literature (Combined) ♦	
Further Maths ♦♦	
Geography ♦♦	
(co-delivered by both QKA & TDA)	
Graphic Communication ♦	
History ♦♦	
Mathematics ♦♦	
Media Studies ♦	

#### Level 3 BTEC / OCR

Applied Psychology ♦
Applied Science (Single & Double) ♦
Business ♦
Computing ♦
Dance ♦
Early Years Education (Child Care) ♦
Criminology ♦
Engineering ♦
Extended Project Qualification ♦♦
Health & Social Care ♦♦
ICT ♦
Music (Performance) ♦
Music Technology ♦
Sport ♦♦
Travel & Tourism ♦

#### Level 2 BTEC / OCR

Early Years Education (Child Care) ♦
Enterprise ♦
Finance IFS ♦
Health & Social Care – NVQ (Work Based Learning) ♦
Photography ♦
Sports ♦
Travel & Tourism ♦

♦ Delivered at QKA  
♦ Delivered at TDA



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## Punctuality

Please remember that Queen Katharine Academy Sixth Form is a full-time education provider and as such, we require all students to be attending from 8.40am at the latest. Students should be arriving before this time so that they are ready to participate and contribute to the registration sessions. We are noticing that morning arrival times is starting to slip for some students with patterns and trends of attendance and punctuality highlighting this. Students with poor punctuality receive a lunch time detention in line with the behaviour policy. If any student is experiencing difficulties in arriving on time which is out of their control or if there are reasons for this, please simply contact the Sixth Form office to inform us so that we can support where possible.

## Study Sessions



Most students depending on the number and type of subjects will have study sessions on their timetable. The new timetables have been delivered this week and available on Teams.

During your study session you need to:

- \* Sign in – registers will be provided in the main study area. If you do not register you will receive a truancy mark.
- \* You must stay in school during your study period as this is part of your programme.
- \* During this time, you should be quiet and working.

## What should I do in the study session?

- \* Preparing for upcoming lessons by reading ahead – Have you got a book? Have you been given a student friendly SOW?
- \* Reviewing the content taught in previous lessons – Do you know how to do this?
- \* Reading around your subject e.g. has your teacher suggested any reading books and articles, podcasts, and documentaries?
- \* Revising and improving previously assessed work – Do you know how to revise? Lots will be done later in the tutor time programme to support
- \* Completing set work issued by your teacher



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# QKA Sixth Form

**Achievements: Outstanding achievement in the LIBF course:** Five of our students have been awarded a £500 scholarship from the London Institute of Banking and Finance (LiBF) as well as a certificate for their outstanding academic achievements. A huge congratulations to Rima A and Ashleigh P, who are currently finishing off their A-level qualifications.

## Role Model Award

This September we will be introducing our 'Role Model Award', designed solely for our Sixth Form students. This award will recognise the positive role models that so many of our Sixth Form students already are. The award has ten areas for students to demonstrate and areas which we feel we want to recognise from our students. With so many students already being positive role models to our lower school students, it won't be a difficult award to give out to our students. Our ambition and expectation is that every single Sixth Form student will achieve this award by December. Look out for further information in an assembly coming soon.



**Post 16**  
**What is the right direction for you?**



**We can help**

- Careers Information
- Advice
- Guidance

## Career's spotlight

### Post 16 Intensive Careers Advice and Guidance

**Adviser: Mrs Anne Mason**

My role is to support Post 16 students in their choices after the 6<sup>th</sup> form.

I can help you with 1:1 advice on choosing your next steps whether that is University, Apprenticeship Pathway or Employment.

I aim to see every student during their time at QKA and I will be starting to see all year 12 shortly, but anyone is welcome to contact me for a careers chat.

[Anne.mason@qka.education](mailto:Anne.mason@qka.education).

I will arrange trips to universities, conventions, taster days, H.E Fair and you will benefit from visiting speakers and workshops on 'applying to university', personal statements, student finance, CV etc So, keep an eye on your emails to take part in these opportunities.

You can find me on a Monday, Wednesday or Friday in the Sixth Form area downstairs.

## Upcoming career's events:

**Wednesday 9<sup>th</sup> of October 2024:** Preparation for the Building the Future Construction Day at Anglia Ruskin University Peterborough

**Monday 9<sup>th</sup> December or Friday 13<sup>th</sup> December:** Sheffield University visit 2024



University of  
Sheffield



a.r.u. | Anglia Ruskin  
University



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# QKA Sixth Form

If you or someone you know is at risk of harm (emotionally, physically, mentally or sexually) to themselves or to others, please ensure that you report this to a member of staff immediately. If outside of sixth form or school, you can report concerns to the police by dialling 999.



Centre 33 are here to listen and to help support young people up to the age of 25 living across Cambridgeshire and Peterborough with mental health, caring responsibilities, housing, sexual health and more. They know that sometimes talking to somebody who is not your parent, friend or family member in a confidential and non-judgemental setting can help you to manage the worries and stresses of

everyday life better. All of their support is free and confidential\*.

- ♦ Text/whatsapp **07514 783745**
- ♦ email: [hello@centre33.org.uk](mailto:hello@centre33.org.uk)



[Kooth.com](https://www.kooth.com) and [Qwell.io](https://www.qwell.io) are commissioned to provide an **online wellbeing platform** which along with text based **counselling** also includes helpful articles, forums, activity centre, daily journal and messaging. We provide British Association for Counselling and Psychotherapy accredited services and Kooth is available to young people aged 11-18 and Qwell is available from 18+ in Cambridgeshire and Peterborough.



If you are struggling or unsure, you can use the following email address's to gain advice to help your further:

[sixthform@qka.education](mailto:sixthform@qka.education)

[contactsafeguarding@qka.education](mailto:contactsafeguarding@qka.education)

Talking therapies and counselling in Peterborough and Cambridgeshire

EVERTURN Mental Health

NHS

"My therapist was very easy to open up to. They had a very calming manner and gave plenty of room and encouragement for self reflection. I always felt listened to and comfortable to speak openly. I really can not speak highly enough of my therapist, our sessions were a very positive and useful experience and I truly think that I am in a better place now mentally because of the work that they have done with me."

"I found the whole experience very useful and helpful in understanding the way that I have been feeling as well as helping me to move forward. Everyone that I have spoken throughout the process has been extremely professional friendly, understanding and polite."

We had an assembly last week introducing support from 'Cambridgeshire and Peterborough Talking Therapies'. Please see information below. They will have representatives to talk to you on the below dates at QKA:

Thursday 26<sup>th</sup> September  
Thursday 10<sup>th</sup> October  
9am-12pm



## How to refer yourself for treatment?

Online referral: <https://www.cpft.nhs.uk/talkingtherapies>

Email: [selfrefriapt@cpft.nhs.uk](mailto:selfrefriapt@cpft.nhs.uk)

Speak to pastoral staff

"I would like to be seen at Queen Katherine Academy"



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