



Cyber Choices and Online Safety Events

For parents / carers of children aged 9 and up

You are invited to attend two **free** online sessions to discuss all things “cyber”.

These sessions will be suitable for parents/carers of children in Year 5 (age 9) and above. This will be a fantastic opportunity to learn and ask questions regarding your child’s online world and it shouldn’t be missed!

Part 1 will introduce you to the Cyber Choices programme which will be delivered by the Eastern Region Cyber Choices Team. They will provide:

- An overview to parents and carers on what cybercrime is.
- What the risks to young people are.
- How the Cyber Choices programme supports at-risk individuals.
- How you can refer a young person into Cyber Choices.

You will also hear from Kent County Council’s Education Safeguarding Team, who will provide an overview of;

- Some of the potential risks that children and young people may experience online.
- Advice to support parents to make informed decisions and keep their children safer online.

Please visit the NCA website to find out more about [Cyber Choices](#)

Please register for **one** part 1 session only (as these will be duplicated), by clicking on the link below.

Wednesday 8th May 2024 @ 1000 - Part 1
[Book here](#)

Wednesday 5th June 2024 @ 1300 - Part 1
[Book here](#)

Wednesday 3rd July 2024 @ 1600 - Part 1
[Book here](#)

Part 2 will be delivered by the Eastern Region Cyber Protect Team. They will provide:

- Advice on how to improve your personal cyber security.
- Identifying and protecting yours (and your children's) key accounts.
- Threats and techniques that cyber criminals may use to target you / your family.
- Benefits of family accounts.
- Parental controls on your router.
- Signposting to useful resources.

The aim of the session is to provide you with tools and techniques to improve the cyber security of your family.

Advice and guidance from the session will be in line with the Government's [Stop! Think Fraud](#) and the National Cyber Security Centres [CyberAware](#) campaigns.

Again, please register for **one** part 2 session only (as these will be duplicated), by clicking on the link below.

Wednesday 15th May 2024 @ 1000 - Part 2
[Book here](#)

Wednesday 12th June 2024 @ 1300 - Part 2
[Book here](#)

Wednesday 10th July 2024 @ 1600 - Part 2
[Book here](#)

If you have any questions or would like us to cover a certain topic within our sessions, then please complete our [online form](#).