



**Queen Katharine
Academy**

A proud member of



Principal: Mr Philip Masterson
Queen Katharine Academy
Mountsteven Avenue, Walton
Peterborough, PE4 6HX
Tel: 01733 383888
Email: info@qka.education
Web: www.qka.education

19 June 2024

Dear Parents/Carers,

We would like to inform you of an exciting opportunity we have for you at Queen Katharine Academy.

On Monday 1st July 2024 we will be welcoming “Healthy You” into school who will be delivering Vaping information events to our students in year group assemblies. These “Catch Your Breath” Workshops look to discourage smoking and vaping amongst children and young people.

Healthy You have kindly agreed to running a parent information evening to also allow parents/carers to learn more about vaping. They have provided the information leaflet below.

This session will run **from 4.30pm on Monday 1st July 2024**, you are more than welcome to bring other family members and students along with you. If you would like to attend, please let us know by booking a place through this form: <https://forms.office.com/e/DF7B32Cc2e> or scanning the QR Code.

**Catch Your
Breath Vaping
Information
Event**

HEALTHY SCHOOLS
CAMBRIDGESHIRE
& PETERBOROUGH

**catch
your
breath**

- Exploring the key risks and dangers of vapes,
- The marketing and appeal to young people,
- The effects of nicotine on brain development in young people,
- The trade of illicit products and the added risk to health,
- UK laws and regulations of vape products,
- Tips on recognising addiction and how to support a young person to quit.
- A chance to ask any questions you may have.

Visit to find out more: <https://healthyschoolscp.org.uk/p/she/smoking-and-vaping-local-offer/>
Email: jessicafoster@healthyyou.org.uk

"Catch Your Breath" Vape intervention event

If you have any questions or require further information, please do not hesitate to contact me: Mr Will Baines Will.Baines@qka.education

Thank you for your cooperation and support in educating our students to make informed Health choices.

Yours faithfully,

Mr Will Baines
Assistant Principal: Behaviour and Culture



Unity of
Purpose
Trust | Diversity |
Excellence |
Transformation



Company No:
05090788
Web:
www.tdet.education
Email:
info@tdet.education