

# Measuring & sizing guidance

#### Chest

Wrap a measuring tape around your child's chest, at the widest point, just under the arms. Leave a little room for growth throughout the year.

### Waist

Measure around your child's natural waistline, just above their hips, keep the tape taught, but not too tight, for a comfortable fit.

## Inside leg

Measure from the top of the thigh to where the bottom of the trouser should fall. **TIP**: Measure your child whilst they are wearing their school shoes, then you can ensure they are the right length

## Hips

Get your child to stand with their legs together, measure around the widest part of their hips.

## Sizing Chart\*

Garments	To Fit Ages	7/8yrs	9/10yrs	11/12yrs	13/14yrs
Jumpers	To Fit Chest	28"	30"	32"	34"
Polo Shirts	To Fit Chest	28"	30"	32"	34"
PE T-Shirts	To Fit Chest	28"	30"	32"	34"
Skirts	To Fit Waist	24"	26"	28"	30"
Tracksuit Bottoms	To Fit Waist	22-24"	$\leftrightarrow$	26-28"	28-30"
Sports Shorts	To Fit Waist	22-24"	$\leftrightarrow$	26-28"	$\leftrightarrow$
Jog Bottoms	To Fit Waist	22"	24"	26"	28"

Garments	To Fit Ages	XS Adult	Small	Medium	Large	XL	XXL
Sweatshirts	To Fit Chest	36"	36/38"	38/40"	42/44"	46/48"	48/50"
Polo Shirts	To Fit Chest	36"	36/38"	38/40"	42/44"	46/48"	48/50"
PE T-Shirts	To Fit Chest	36"	36/38"	38/40"	42/44"	46/48"	48/50"
Skirts	To Fit Waist	$\leftrightarrow$	32"	34"	36"	38"	40"
Tracksuit Bottoms	To Fit Waist	$\leftrightarrow$	30-32"	32-34"	34-36"	36-38"	38-40"
Sports Shorts	To Fit Waist	30-32"	$\leftrightarrow$	34-36"	$\leftrightarrow$	38-40	←
Jog Bottoms	To Fit Waist	30"	32"	34"	36"	38"	40"

<sup>\*</sup>These measurement sizing charts are for guidance only from *YourSchoolUniform.com*. Please ensure you measure your child with an appropriate tape measure for more accurate sizing.