## Queen Katharine

Academy

## Measuring \& sizing guidance

## Chest

Wrap a measuring tape around your child's chest, at the widest point, just under the arms. Leave a little room for growth throughout the year.

## Waist

Measure around your child's natural waistline, just above their hips, keep the tape taught, but not too tight, for a comfortable fit.

## Inside leg

Measure from the top of the thigh to where the bottom of the trouser should fall. TIP: Measure your child whilst they are wearing their school shoes, then you can ensure they are the right length

## Hips

Get your child to stand with their legs together, measure around the widest part of their hips.

## Sizing Chart*

|  | To |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Garments | Fit <br> Ages | 7/8yrs | 9/10yrs | 11/12yrs | 13/14yrs |  |  |
| Jumpers | To Fit Chest | $28^{\prime \prime}$ | 30" | 32" | 34" |  |  |
| Polo Shirts | To Fit Chest | $28^{\prime \prime}$ | $30 "$ | 32 " | $34 "$ |  |  |
| PE T-Shirts | To Fit Chest | 28 " | 30" | 32" | $34 "$ |  |  |
| Skirts | To Fit Waist | $24 "$ | $26^{\prime \prime}$ | 28 " | 30" |  |  |
| Tracksuit Bottoms | To Fit Waist | 22-24" | $\leftrightarrow$ | 26-28" | 28-30" |  |  |
| Sports Shorts | To Fit Waist | 22-24" | $\leftrightarrow$ | 26-28" | $\leftrightarrow$ |  |  |
| Jog Bottoms | To Fit Waist | $22^{\prime \prime}$ | $24 "$ | $26^{\prime \prime}$ | 28 " |  |  |
|  |  |  |  |  |  |  |  |
| Garments | To Fit Ages | XS <br> Adult | Small | Medium | Large | XL | XXL |
| Sweatshirts | To Fit Chest | 36" | 36/38" | 38/40" | 42/44" | 46/48" | 48/50" |
| Polo Shirts | To Fit Chest | 36" | 36/38" | 38/40" | 42/44" | 46/48" | 48/50" |
| PE T-Shirts | To Fit Chest | $36 "$ | 36/38" | 38/40" | 42/44" | 46/48" | 48/50" |
| Skirts | To Fit Waist | $\leftrightarrow$ | 32" | 34" | 36" | 38" | 40" |
| Tracksuit Bottoms | To Fit Waist | $\leftrightarrow$ | 30-32" | 32-34" | 34-36" | 36-38" | 38-40" |
| Sports Shorts | To Fit Waist | 30-32" | $\leftrightarrow$ | 34-36" | $\leftrightarrow$ | 38-40 | $\leftarrow$ |
| Jog Bottoms | To Fit Waist | 30" | 32" | 34" | 36" | $38{ }^{\prime \prime}$ | 40" |

*These measurement sizing charts are for guidance only from YourSchoolUniform.com. Please ensure you measure your child with an appropriate tape measure for more accurate sizing.

